



Short History and overview.

In 1991, Zululand Hospice Association was formally constituted under the umbrella of the Hospice Association of (KwaZulu) Natal, which in turn falls under the auspices of the Hospice Palliative Care Association of South Africa. The Association has earned a reputation of providing quality holistic care to patients and their families, at no charge in their own homes. Being ethical and reliable, the NGO upon whom the community can rely. No decisions are made without the consent of the patient and the Inter Disciplinary team evaluate and set up a specific care plan for each patient to suit their needs. The family forms an integral part of the team, and their input is valued.

The **Vision** of the Zululand Hospice is to deliver Quality Palliative care to patients with life-threatening diseases and sharing our expertise in the community of City of uMhlathuze. Zululand Hospice is the only agency in the area that provide Palliative Home-Based Care to adults & children of all ages, genders and races that needs our care.

Our **Mission** is to provide Quality in Life, Dignity in Death, and Support in Bereavement. We uphold the dignity and recognize the cultural spiritual, emotional, and physical needs of our patients and their families.

Goals.

Increase capacity to ensure that more patients have access to quality palliative care, through attracting, and training staff & volunteers. Establish a well-structured referral system between Department of Health CCG's and us, Hospice. The goal of reaching, educating, and maintaining HIV and Aids Awareness and compliance with the outcome of a healthier community. Ensure that we have sufficient Pain Medication, disposable adult nappies, female pads and linen savers etc., to meet our patients' needs. Support patients and provide them with the necessary access to Social- economic services.

Organisational Capacity

Currently our clinical services team consists of 2 professional nurses, who supervise 2 palliative care givers, and a driver. Five Organisational staff and 5 volunteers ensure the smooth running of the Association and the patient support programmes. The Board consist of 8 volunteers and each one serves on 1 of the 3 sub committees - Currently the clinical team provides holistic palliative care for approximately 50-60 patients and their families, per month, made vulnerable by HIV/AIDS CANCER and TB, as well as other life limiting diseases. The patient and family are an integral part of the case management. More than 86% of our patients are indigent people living with HIV AIDS of whom the majority are women, mothers.



with children made vulnerable by AIDS. Partner organisations include local private and government hospitals and PHCC the members of Zululand Welfare Services Development Forum, Child Care NGOs, Faith Based Organisations, and the private sector. All our Hospice staff members have attended the Hospice Orientation Program. The Hospice Professional Nurses are qualified palliative nursing sisters, and the community caregivers have all completed the Integrated Community and Palliative Home-Based Caregivers course. To realise our vision, we strive to ensure that our personnel receive the necessary encouragement and support, and that they are provided with the necessary resources.

Community Mobilisation

Zululand Hospice Association is an NGO / NPO which is governed by a Management Board, all volunteers from the local community. The Association does not receive any government funding but does enjoy extensive community involvement through the public and private health and welfare sector, faith-based groups, service clubs and other community organisations as well as the business sector situated in the uThungulu municipal region. King Cetshwayo district

Patient Care Services

During the period April 2022 to March 2023 Zululand Hospice cared for 114 patients and with at least 2 family members each – we also received and dealt with 144 queries from members of the public seeking advice. Providing 17311 interventions to patients and families conducted 3377 home care visits.

There is a visible need for food in the rural community as many are without work, and even the social grants don't meet their needs and transport to clinics are expensive. We have partnered with Food share that work with supermarkets locally and we receive an allocation of fresh and dry food from Woolworths R/Bay which we distribute 2x per week to patients as well as a Bag of Morvite every week to each family. (Although we are not a feeding scheme but if we don't – the patients on TB and HIV treatment plans default, as they cannot take meds on an empty stomach.)

The average cost for direct patient care, per patient is approximately R1420.00 per month.

During this period, the increase in basic food, fuel for the transport to patients as well as nappies, Morvite and other essentials has drastically increased.

We not only get many referrals from the local medial fraternity but also oncology, CCG's and local clinics and family and friends. The need out in the rural community is big and if a Hospice vehicle is seen – they approach and require help and support for the sick.



Sustainability

Despite the past 2 difficult years of post-Covid and local Looting of our Town in 2021 as well – we managed to deliver our services and keep our Charity shop open. The Charity shop together with attending Fleamarket days has done well and almost doubled its profit from the previous years. We solely rely on donations from the community and local hotels.

We managed to have a very successful Golf Day every year and this year 2023, we hosted the Golf Day at the Richards Bay Country Club on the 27th of May.

This past year we had some silent auctions, a Pop-Up shop, a very successful Bowling morning, a Mother's Day tea with a local Dr addressing Mental health for today's woman, as well as a Potjie Kos competition in August. Book sale days in May and in September and many more market days at different venues.

The remembrance Garden with a Plaque generates a small income and Medical Equipment hire to non-patients in the community generates a flow of steady income while supporting the community with the necessary medical aid devices on loan plan.

We have an ever growing recycle project on the go, Paper, Carton, Plastic bottles, scrap metal and Glass as well as E-Waste that generates a steady small income every month. A large Company South 32 is on board with all their electronic waste as they replace and refurbish major companies in and around this area with new equipment.

We also lease a piece of land to a local businessman for an annual income.

Our Needs.

- Building

We own a house in Empangeni 18 Turnbull Street – where we have administration offices, Charity Shop, and all medical equipment and the recycle project run from here, Training room for the 2-x annum care giver training done by our Clinical Manager.

This needs exterior painting. Container repairs.

- Vehicles.

The fleet of 4 vehicles of which 3 are aging and starting to rust rapidly they will soon need replacing.



Zululand Hospice is celebrated 33 years of service to the Community and has gained much respect and trust from medical fraternity and community for the work they do. Not only will it be sad after 33 years of committed service to the Terminally ill patients but would also be a great service loss if we had to close our doors – as there are no other such service available in this area.

Thank you.

Christine Samuel
GM